

Reflection

“When people reflect in everyday life, they pause to review, ponder, contemplate, analyze or evaluate an experience or information. This ability to reflect gives people the freedom, power, and responsibility..... to continually choose or adjust the direction of their lives.”

James Toole, M.A. and Pamela Toole, Ph.D.
Reflection as a Tool for Turning Service Experiences into Learning Experiences

Student Name: _____ **ID#** _____

1. What did you observe during your service learning activity that made an impact on you?

2. How did you feel about it? What did it make you think about?

3. How was this activity similar or different from other educational activities?

4. What did you learn?

5. How does this connect to what you are studying in your classes?

6. Based on what you have learned, in what areas do you need to grow and make an extra effort?
